

Lola Montilla

Congenital Hearts Defect Advocate, Author, Writer, Host & Public Speaker

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PROFESSIONAL SUMMARY

I am a communicator at heart, passionate about living life to the fullest. I am a storyteller, a writer, a speaker, and a firm believer in the power of connecting through communication. Born into the digital era, I still value, have worked in, and treasure traditional media, which, more often than not, coexists seamlessly with our new communications avenues.

WORK EXPERIENCE

Contributing Writer, Aquí se Vive/Pa' que tú lo sepas con Lola Montilla

Revista Miradas Puerto Rico | September 2022 – December 2023

Author of monthly column highlighting the best and most exciting personalities and unique experiences Puerto Rico offers.

Producer/Host

Enemiga del Silencio | November 2020 - Present

Every week, I produce and host a weekly meeting focused on women's topics aimed at a Gen- Z audience. The podcast is available on video and audio platforms.

Host

Solapreneurs Z, 11-Q Radio 1140 AM | June 2019 - February 2020

Solapreneurs by Virginia Rivera is a radio show covering all areas of women's entrepreneurship. Once a month, the space is transformed into Solapreneurs Z, where I host the show and highlight young entrepreneurs and the brands and businesses that appeal to Gen-Z.

Social Media Coordinator & Public Relations & Marketing Assistant

Instituto para el Desarrollo de la Juventud | August 2019-February 2020

Managed social media pages for IDJ and assisted in coordinating public relations materials and events.

Contributor

Notiséis 360, WIPR | October 2018 - June 2019

Produced and hosted the weekly segment on the morning newscast.

Writer, Author Entre Ceja y Ceja

Magacín | El Nuevo Día | August 2017 – August 2019

Author of the Blog "Entre Ceja y Ceja," a humorous twist on the latest fashion and makeup obsessions.

Writer, Author Lola's POV

HipLatina.com | Apr 2017 – November 2018

Wrote weekly column offering a new perspective on everything from congenital heart defects to growing up as a teen in this day and age, cyber-bullying, and staying optimistic against all odds.

Contributor, Host

Vive tu Nite, WIPR | August 2017 - April 2018

Hosted and produced weekly segments on a late-night entertainment show by Astra Productions for Puerto Rico, channel 6.

PUBLICATIONS

All Heroes are Different

Amazon.com, November 2018

To lessen the need to teach children anti-bullying, teach them "pro-kindness". This children's book emphasizes the need to accept diversity and promote self-love.

Beautiful Scars | Hermosas Cicatrices

Amazon.com, September 2014

Through a scar and the universal language of "selfies," this book inspires others, raises awareness about congenital heart defects, and redefines beauty.

PROJECTS, HONORS & AWARDS

AXA Achiever

San Juan, Puerto Rico | May 2019

AXA Achievement Scholarship Recipient

NATAS Suncoast Bob Behrens Scholarship

Miami, FL | May 2019

Received scholarship from the National Academy of Television Arts and Sciences Suncoast Chapter.

Honoree

Departamento de Desarrollo Económico de Puerto Rico | June 2019

Proclama Mes y Día de la Juventud. Conferred to successful young entrepreneurs.

Ley Lola | Lola Law

San Juan, Puerto Rico | November 2014

Lobbied for mandatory pulse oximetry screening. Petition became House Project #1793, signed into law by Governor Alejandro García Padilla on November 20th, 2014.

Honoree

Department of Health, Puerto Rico | Feb 2016, Feb 2019

Congenital Hearts Defects Awareness Week Honoree. The award is given to recognize the lobbying efforts that resulted in the approval of House Project #1793 and mandatory pulse oximetry screening.

EDUCATION

Universidad Sagrado Corazón, BA Communications

Projected graduation date May 2023 | GPA 3.95

Universidad Rey Juan Carlos

Madrid | September 2021 - June 2022

Year Abroad. Communications Department

Robinson School

San Juan, Puerto Rico | May 2019

- PUBLIC SPEAKING -

The Storytellers Project | June 2019
Teatro Arcelay, Caguas, PR

Congreso de Valores | April 2019
Teatro Tapia, San Juan, PR

Club de Rotarios | April 2019
Rio Piedras, Puerto Rico

Amedco Technical College | April 2019
Bayamón, PR

Mujer Emprende Latina | March 2019
Plaza las Américas, Inspírame con tu Historia

Girl Scouts | February 2019
Guaynabo, Puerto Rico

Asociación Ex-Presidentas | January 2019
Antonio's Condado, Puerto Rico

Taller Empresarial para Jóvenes | November 2018
Yees!, Caguas, PR

Departamento de Corrección | September 2018
Hogar Intermedio de Mujeres, Puerta de Tierra, PR

JuliArts Dance School | July 2017
Rio Piedras, Puerto Rico

American Heart Association Go Red for Women | February 2017
Passion Speaker Go Red Luncheon, Mayo Civic Center, Minnesota

YPO Costa Rica | Dec 2014
Keynote Speaker for Young President's Organization

St. John's School | Nov 2014
San Juan, Puerto Rico

Escuela Carmen Zanabria | June 2013
Invited by Dove (Unilever) to celebrate self-esteem day.

Tasis School | June 2013
Dorado, Puerto Rico

Leaders in the Making | February 2014
Leadership Camp, Rio Grande, PR